

Society of Architectural Historians Lecturer & Host



Ben Thomas is the Executive Director of the Society of Architectural Historians (SAH) and Associate Professor in Liberal Arts at Berklee College of Music. Prior to joining SAH he was Director of Programs for the Archaeological Institute of America for 18 years. Ben was introduced to archaeology at Brandeis University (B.A.) and received his graduate degrees in Mesoamerican archaeology from Boston University (M.A. and Ph.D.) after several years of fieldwork in the jungles and swamps of Belize and Guatemala. He is a Mayanist with specific interests in ancient Maya architecture, settlements, and built environments. Ben has travelled extensively throughout Mexico, Guatemala, Belize, and Honduras, and has excavated and studied everything from modest Maya houses in rural settlements to elegant palaces in larger urban centers.

As the Executive Director of SAH, Ben works closely with scholars of the built environment. SAH supports research and scholarship through publications, conferences and programs, advocacy, and outreach. In his former role as Director of Programs for the AIA, Ben was responsible for the Institute's outreach and education activities, including International Archaeology Day, ArchaeoCon, the national lecture program, the site preservation program, all grants and fellowships, and the 105 local societies. At Berklee, where he has been teaching for over 18 years, he introduces students to Mesoamerican art and archaeology and some of the great archaeological discoveries that have been made in the last 300 years.

Currently, Ben is working with archaeologists, tour operators, and archaeological site managers on issues of sustainable archaeological tourism, presenting sites to the public, and public outreach and engagement. Since 2017, Ben has led the AIA's Yucatán tour and, for the last three years, this very tour in Mexico, Guatemala, and Honduras to excellent reviews.

Cover: Pyramid at Palenque, at the western edge of the rainforest; carved details found at Palenque.



Dear Traveler,

I invite you to join me on this tropical adventure that offers the most comprehensive and best-paced exploration of the ancient Maya world amid the verdant jungles and awe-inspiring ruins of Mexico, Guatemala, and Honduras.

This immersive experience, **co-sponsored by the Society of Architectural Historians (SAH) and the Archaeological Institute of America (AIA)**, brings together two renowned organizations that are committed to the study and preservation of our shared architectural and cultural heritage. I will be leading this tour as both the current Executive Director of SAH and the former Director of Programs for the AIA.

As part of a **small group of no more than 16 guests**, join me on this winter getaway to delve deep into the architectural and artistic legacy of the ancient Maya. Marvel at stucco friezes, towering pyramids, and painted frescoes as we visit some of the most significant and visually stunning archaeological sites in the region, including **Palenque**, **Bonampak, Yaxchilán, Tikal, Yaxhá, Copán, and Quiriguá**—four of which are UNESCO World Heritage Sites. You will also enjoy time to reflect, relax, or go bird watching in serene natural settings from our comfortable hotels and remote jungle lodges.

This is a rare opportunity to experience and imagine Maya civilization while engaging with the still-standing walls of its culture. As space is limited and this tour is available on a first-come, first-served basis, I encourage you to contact Eos Study Tours, the specialty tour operator who has worked with me on this trip, soon to reserve your space.

I look forward to welcoming you on this unforgettable adventure. Sincerely,

Shamas

Ben Thomas

"The ruins were spectacular! I enjoyed the experience of the jungle, with its many exotic plants, animals and birds." - Elizabeth, Victoria, BC

© Greg Schechter

Itinerary

(B)= Breakfast, (L)= Lunch, (D)= Dinner

Thursday, February 12, 2026: Depart home | Arrive Villahermosa, MEXICO Depart home for Villahermosa International Airport (VSA) where you will be met upon arrival at the airport and transferred as a group to our hotel. For those arriving independently, a taxi can be hired for the short drive into town. *Two nights at the 4-star Hyatt Regency Villahermosa*.

Friday, February 13: Comalcalco | Introductory lecture | Welcome dinner

Set out for Comalcalco, the westernmost known Maya site, and the only Maya city built with bricks of baked clay instead of stone. The site comprises the North Square, Great Acropolis, and Acropolis of the East, and it thrived as an agricultural center specializing in cacao (the seeds from which cocoa, cocoa butter, and chocolate are made). After lunch we return to our hotel and have some time at leisure before gathering for an introductory lecture and our welcome dinner. (B,L,D)

Saturday, February 14: La Venta Park | Palenque

Visit La Venta Park to see a magnificent outdoor collection of stone sculpture that originally came from the Olmec site of La Venta. The Olmec were one of the earliest cultures in Mesoamerica, preceding the Maya by centuries. Their monumental stone carvings and strange mythological beings puzzle archaeologists to this day. After lunch, drive to Palenque, a UNESCO World Heritage Site and one of the great western capitals of classic Maya civilization that some have called "the Paris of the Maya." We will check-in to our charming hotel and have time for relaxation, exploring the surrounding lush forest, and swimming in the unusual pool. *Two nights at the 3-star Chan-Kah Resort Village*. (B,L,D)

Sunday, February 15: Palenque | Jungle trail walk | Palenque site museum

Explore Palenque's many exquisite examples of 7th- and 8th-century Maya architecture, including the Temple of the Inscriptions, Palace, Temples of the Cross Group, Temples XIX and XXI, and much more. We finish the morning walking a beautiful downhill jungle trail,



Top, a view of Tikal through the treetops; Above, a keel-billed toucan

"Seeing all these places I'd read about and having Ben Thomas to help frame the differences and similarities left me with a way to remember and feel that I might actually have learned something."

- Andrew, Pennsylvania

North temples at Palenque



For questions, and to reserve your space, contact Eos Study Tours: 800-856-8951 or email eos@studytours.org





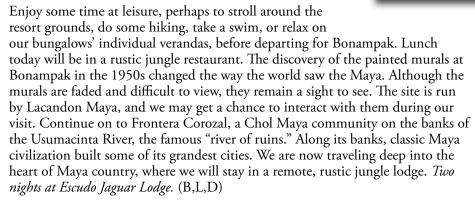


The Society of Architectural Historians and SAH Tours

The Society of Architectural Historians (SAH) promotes the study, interpretation, and conservation of architecture, design, landscapes, and urbanism worldwide for the benefit of all. Founded at Harvard University in 1940, SAH is the largest and oldest scholarly organization specifically devoted to the history of the built environment. SAH Tours are designed for those whose architectural curiosity goes beyond the standard guidebook. Our travel opportunities offer authoritative expertise and knowledge, often visiting sites normally inaccessible to the public. Thank you for using your travel budget to support SAH programming and publications that think critically about the history of the built environment and its role and influence in society.

across waterfalls and hidden ruins, to get a true sense of the rainforest and all its beauty. After lunch at an outdoor, palm thatch restaurant, visit the Palenque site museum (pending reopening), with many world-famous pieces of Maya ceramics, jades, and stone carving. (B,L,D)

Monday, February 16: AM at leisure | Bonampak | Frontera Corozal



Tuesday, February 17: Yaxchilán

After breakfast, travel by small boat down the Usumacinta River to the great classic Maya site of Yaxchilán, whose high-crested temples and palaces climb the steep hills above a large plaza upon a terrace by the river. We will spend all day at this fantastic site, enjoying a picnic lunch under the forest canopy. Beautiful monolithic stelae (standing stone monuments) and lintels spanning the temple doorways display intricate reliefs. Howler and spider monkeys and many tropical birds may accompany us as we explore the steep jungle trails, climbing to the higher elevations overlooking the ancient Maya landscape. We return by boat to our lodge late this afternoon. (B,L,D)

Wednesday, February 18: Tikal, GUATEMALA

Journey upriver and cross over into the heart of Guatemala, to the UNESCO World Heritage Site of Tikal. As with most Maya sites, Classic Period constructions cover those from earlier times, and ancient structures are scattered for miles in every direction from its center. Check-in to our home base for the next three nights in the heart of Tikal National Park, providing basic, but comfortable, services. *Three nights at the Jungle Lodge Hotel*. (B,L,D)

Thursday, February 19: Tikal

Spend a full day at Tikal, which contains thousands of ancient structures, the majority of which remain unexcavated. This vast site has spectacular pyramids, numerous plazas, a sprawling main palace and several lesser royal residences, multiple ball courts, causeways, dozens of stelae, and much more. It is estimated that more than 50,000 people lived at Tikal in its heyday, and the story of the city and its rise and fall mirrors the larger story of Maya civilization itself. Following the glories of the Classic Period, the site was largely abandoned by A.D. 900. (B,L,D)

Friday, February 20: Optional pre-dawn hike | Tikal site museums | PM at leisure OR Optional excursion to Yaxhá

Today is a day to relax and re-charge after eight busy days. However, for the energetic (and, weather permitting), there will be an optional, pre-dawn hike up the steep steps of Tikal's Temple IV—the site's tallest pyramid at 230 feet, and the largest Maya shrine built in the 8th century. Being a dense rainforest there could be fog but, if not, we may enjoy breathtaking sunrise views from the top. After breakfast, we will visit two small Tikal site museums and then enjoy the rest of day at leisure, until we gather for dinner. Instead of this time at leisure, you have the option to join our leaders on a 1.5-hour drive to Yaxhá, a large and important ancient Maya site that is infrequently visited. Located in dense jungle on a ridge overlooking turquoise Lake Yaxhá, the vast site includes numerous altars and stelae, nine temple pyramids, and two ball courts. Boxed lunches will be enjoyed at the site. (B,L,D)

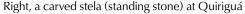
Saturday, February 21: Southeastern Petén Regional Museum, Dolores | Rio Dulce

Depart Tikal for Rio Dulce, stopping along the way to visit the Southeastern Petén Regional Museum, in the town of Dolores, with a significant collection of Classic Maya artifacts. Arrive in Rio Dulce where we enjoy a late lunch and get an overview of the area, including viewing a 17th-century Spanish fortress, the Castle of San Felipe de Lara, located where the river meets Lake Izabal. Late this afternoon we check-in to our waterside hotel. Accommodations here are simple, grouped bungalows spread throughout the property. *Overnight at the 3-star Nanajuana Río Dulce*. (B,L,D)

Sunday, February 22: Quiriguá | Motagua Valley | Paleontology and Archaeology Museum, Estanzuela | Copán, HONDURAS

After a short boat ride, continue to Quiriguá, a UNESCO World Heritage Site and home to the tallest Maya stelae—one weighs 65 tons and is 35 feet above ground and eight feet underground. Sculpture here is like no other place, with spectacular cosmograms in the likeness of divine crocodiles and jaguars carved in the round from huge boulders. Here we also find a rare description of mythical events which took place at the origin of the calendar Great Cycle that ended in 2012. After leaving Quiriguá, we have lunch in the Motagua Valley, the primary jade source for all of Mesoamerica; and stop in Estanzuela to visit the small Roberto Wookfolk Saravia Paleontology and Archaeology Museum. Continue on, crossing the border into Honduras, and check-in to our hotel. *Two nights at the 4-star Hotel Marina Copán*. (B,L,D)









Monday, February 23: Copán

A short drive brings us to the archaeological site of Copán, a UNESCO World Heritage Site, known as Hux Wintik (translation uncertain). If Palenque was the "Paris of the Maya," then Copán was the "Athens of the Maya." The magnificent acropolis, plazas, courtyards, and standing sculptures are the hallmarks of this southernmost Maya capital. Enjoy a splendid picnic lunch at the site and then visit the excellent site museum, which has a full-scale replica of the funeral shrine of the founder of the Copán dynasty and many fabulous pieces of Maya sculpture. (B,L,D)

Tuesday, February 24: Sepulturas Group | San Pedro Sula | Farewell dinner

Tour the Sepulturas Group, located a few miles from the site of Copán, which also housed a residential area for non-Maya (perhaps foreign merchants) around A.D. 800. We have now traveled from the western capital of Palenque, through the heartland at Tikal, and on to the southern capital of Copán, giving us a sense of the enormity of ancient Maya civilization in its heyday. After lunch at a local restaurant, drive to San Pedro Sula, where we check-in to our hotel, get settled, and then gather for a farewell dinner. *Overnight at the 5-star <u>Hilton Princess San Pedro Sula</u>.* (B,L,D)

Wednesday, February 25: Fly home

Transfer to the airport in San Pedro Sula (SAP), Honduras, for flights home. (B)

What to Expect

ACTIVE: Must be able to walk three or more miles per day on mostly uneven terrain, and up and down inclines and steps.



You must be able to make long walks, unassisted, over uneven terrain and up and down steps that may be steep and without handrails. Some sites require strenuous and/or brisk walking or climbing, sometimes with difficult footing. Participants who are not able to walk or stand unassisted for extended periods are kindly advised not to join this tour. All participants are expected to be physically active and not be an impediment to others on excursions, to enjoy traveling as part of a group, and to be ready to experience cultural differences. All participants will be required to follow safety/sanitization protocols set forth by Sponsors/Operator, local staff, and host country laws. Any participant showing signs of illness will be asked to wear a mask when in close proximity to others. If the tour manager decides that a participant cannot visit a site safely or in a timely manner, their judgment will be final. Where possible, an alternate activity may be suggested; additional costs may apply. If you have any questions about your ability to participate, we suggest that you visit your personal physician with this brochure in hand and discuss whether or not this program is appropriate for you.

Please be advised that occasionally, for reasons beyond our control, some sites might be closed or otherwise inaccessible. Accommodations have been chosen for their excellent locations and are the best available in proximity to the sites. Several remote accommodations are basic and may not be up to the standards some of our travelers have come to expect. Interruptions in electricity, the use of generators, and spotty WiFi should be expected. Travelers should pack their patience and sense of adventure to fully appreciate the program. At the time of year that we visit this region the weather is generally sunny and dry, with temperatures in the mid-70s to mid-80s F during the day and in the 60s F at night. There is always a chance of light to moderate rain showers. *Complete pre-departure details will be sent to participants*.

Accommodations



Hyatt Regency Villahermosa for two nights



Chan-Kah Resort Village for two nights



Escudo Jaguar Lodge for two nights



Jungle Lodge Hotel for three nights



Nanajuana Río Dulce for one night



Hotel Marina Copán for two nights



Hilton Princess San Pedro Sula for one night









(Left to right): Copán, Howler Monkey, Copán ball court, traditional crafts

Tour Prices Per Person (13 nights)

Double Occupancy (15-16 participants)	. \$8,545
Double Occupancy (12-14 participants)	. \$8,995
Double Occupancy (9-11 participants)	. \$9,745
Single Supplement	. \$1,295
Single room supplement will be charged when requested or required	(limited

Single room supplement will be charged when requested or required (limited availability). With fewer than 9 participants, a small group surcharge may be added.

Prices include:

- Leadership of lecturer/host Ben Thomas, plus an experienced tour manager and local guides
- Group arrival and departure airport transfers on program dates
- All ground and river transportation as indicated in the itinerary, with **bottled water** during excursions
- 13 nights' accommodations in comfortable hotels and remote jungle lodges as indicated
- Breakfast daily, 12 lunches, and 12 dinners including welcome and farewell dinners with cocktails
- A **soft drink or beer** with lunches and dinners
- All entrance fees to sites listed in the itinerary, plus border fees and Honduras departure tax
- **All tips** for the tour manager, guides, drivers, hotel staff, wait staff for included group meals, and porters
- Comprehensive pre-departure information, including what to pack and a suggested reading/media guide

Flights & Transfers

Airfare from/to home is not included. Group transfers are included on arrival at Villahermosa International Airport (VSA) and on departure from San Pedro Sula (SAP) airport. Once you have received your final payment invoice, you should book your flights. If you are considering booking non-refundable airline tickets before this time, please contact the Eos Study Tours office first. Valerie Wilson Travel, Inc. can assist with flight arrangements for this tour. You may contact them directly at 866-200-6172 or email studytours@vwti. com. Alternatively, you are welcome to book your flights independently or through your preferred travel agent. Your flight itinerary must be provided to our office prior to departure. We do not accept any liability for cancellation penalties related to domestic or international airline tickets.

Prices do not include: Any airfare; passport and visa fees; meals and beverages (except as indicated); individual arrival or departure transfers; excess baggage charges; personal, baggage, and trip cancellation insurance; all items of a personal nature such as laundry, medical expenses, and room service; optional excursions or deviations from scheduled tour; and other items not listed as included.

Payments: A deposit of \$1,000 per person is required to reserve your space on the tour and is payable by Visa, MasterCard, American Express, or check made payable to "Eos SAH-MayaJungle2/26." Final payment is due 90 days prior to departure and must be by check, ACH transfer, or wire transfer only; credit cards are not accepted for final payment. By submitting your deposit you are bound by the terms and conditions delineated throughout this brochure or elsewhere published.

Participant Cancellation Fees: All requests by participants for cancellations must be received in writing by Eos Study Tours. Cancellations received at least 180 days prior to departure (August 16, 2025) are refunded less a cancellation fee of \$250 per person. Cancellations received from 179 through 91 days (November 13, 2025) prior to departure will forfeit their full deposit of \$1,000 per person. Cancellations received from 90 through 61 days prior to departure are subject to a cancellation fee equal to 50% of the tour cost. Cancellations received 60 days or less prior to departure are subject to a cancellation fee of 100% of the tour cost. For this and other reasons, participants are strongly encouraged to purchase trip cancellation insurance. Information will be provided with confirmation of receipt of your deposit.

Note: Prices are based on tariffs and exchange rates in effect at the time of publication and are subject to change prior to departure. Substantial changes in tariffs, exchange rates, the price of fuel, services, and labor may increase the cost of arrangements significantly, and we reserve the right to alter our prices.

Prices, itinerary, accommodations, and leader are subject to change. Prices quoted are based on group participation and no refunds will be made for any part of the program in which you choose not to participate. It is understood that refunds cannot be made to participants who do not complete the tour for whatever reason.

Due to space limitations, this is abbreviated information. Complete terms and conditions will be sent upon confirmation or upon request.

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Eos Study Tours, PO Box 938, 47 Main Street, Walpole, NH 03608



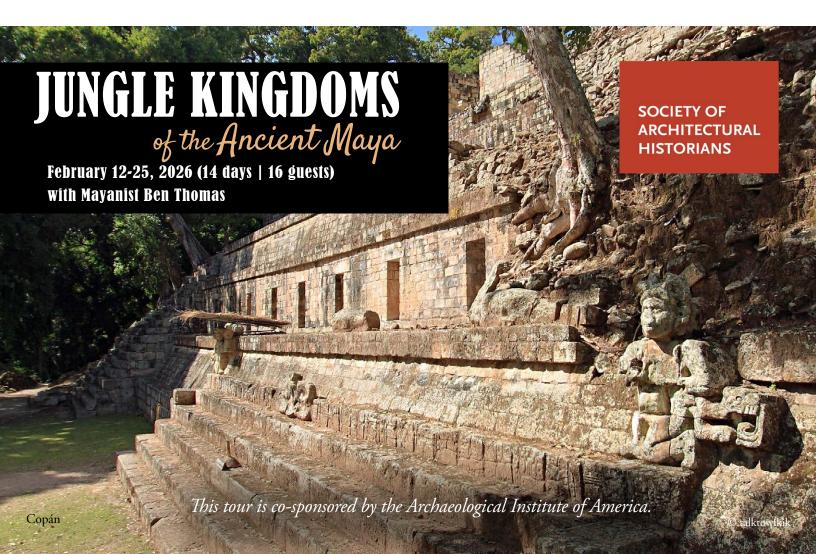
JUNGLE KINGDOMS of the Ancient Maya

February 12-25, 2026 (14 days | 16 guests) with Mayanist Ben Thomas

"The tour covered the most relevant and important Mayan sites and museums and was extremely well planned and executed.

Ben Thomas was extremely enthusiastic, knowledgeable and always available to share his knowledge.

This was one of the best experiences of my life."
- Risa, Colorado



Complete this form and email, mail, or fax to the address below.



- RESERVATION FORM

Jungle Kingdoms of the Ancient Maya

February 12-25, 2026 (14 days | 16 guests) with Mayanist Ben Thomas

This tour is co-sponsored by the Archaeological Institute of America.

To hold your reservation for seven days while this form ar	nd your deposit are in the mail please o	ontact us at 800-856-8951 or eos@studytours org
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☐ I/We have read the 'What to Expect' section and a		fully on the program.
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How did you hear about this tour? ☐ Email/mailing ☐ w	vebsite □ friends/family □ other	
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ACCOMMODATIONS: (Accommodation preferences are not guaranteed.)		
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Please complete this reservation form, choos	se/enclose your method of deposit ubmit via email, mail, or fax to:	, and sign the release statement below.
Eos Study Tour	rs - P.O. Box 938, Walpole, NH (03608-0938
•	56-2922 • Email: eos@studytour	
By signing this form, you are acknowledging that	at you have read and agree to all Te	rms & Conditions delineated throughout.
Signature (participant #1)	[Date
Signature (participant #2)	Π	Date

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available through Sponsors/Operator and others and covers certain expenses in conjunction with cancellation due to illness or accident and damaged or lost luggage. Sponsors/Operator will send participants an application upon receipt of their reservation. PRICES: Prices quoted are based on fares in effect at the time of publication and are subject to changes at any time. On all programs, even after full payment, Sponsors/Operator reserve the right to increase the tour price in the event of cost increases due to changes in supplier costs, tax increases, currency fluctuations, or fuel and energy surcharges, and all such increases are to be paid to Sponsors/Operator upon notice to the participant. FORUM AND METHODOLOGY FOR DISPUTE RESOLUTION: Any dispute or claim which refers or relates to this contract, any literature related to the trip, or the trip itself shall be litigated solely and exclusively in and for courts in Keene, New Hampshire, subject to substantive and procedural New Hampshire law, and for this limited purpose, the parties agree to exclusive venue and personal jurisdiction therein. At the participant's option, however, in lieu of litigation, Sponsors/Operator will agree to dispute resolution in Keene, New Hampshire, subject to substantive, but not procedural, New Hampshire law, pursuant to the then existing commercial rules of the American Arbitration Association. In any such arbitration, the arbitrator, and not any federal, state, or local court or agency, shall have exclusive authority to resolve any dispute relating to the interpretation, applicability, enforceability, conscionability, or formation of this contract, including but not limited to any claim that all or any part of this contract is void or voidable. <u>U.S. STATE DEPARTMENT & CENTERS FOR</u> DISEASE CONTROL: Both the Centers for Disease Control and U.S. State Department publish and update important country-specific information for travelers. We strongly recommend that you review them. They can presently be found at: https://wwwnc.cdc.gov/travel/ notices_and_https://travel.state.gov/content/passports/en/ alertswarnings.html. ASSUMPTION OF RISK: Participants agree to fully accept all known and unknown risks, including the potential risk of exposure to respiratory illnesses or other illnesses, viruses, diseases, or conditions. Participants understand and agree to hold Sponsors/ Operator, their officers, vendors and suppliers harmless and not liable for any real or perceived symptoms of any disease, virus, illness, or condition, nor for exacerbating any existing symptoms of any illness, virus, disease or condition, quarantine requirements, disability, and other short-term and long-term health effects, including death. MISCELLANEOUS: Participants should not purchase airline tickets prior to receiving their final payment invoice so as to avoid airline cancellation penalties if a tour is canceled or otherwise modified subsequent to the participant's purchase of those tickets. Baggage and personal effects are at all times the sole responsibility of the participant. If, due to weather, flight schedules, or other uncontrollable factors, you are required to spend (an) additional night(s), you will be responsible for your own hotel, transfers, and meal costs. Baggage is entirely at owner's risk. Sponsors/Operator reserve the right to decline to accept or retain any participant at any time. The right is reserved to decline to accept as a participant, or remove from a trip, without refund, any person it judges to be incapable of meeting the rigors and requirements of participating in the activities, or who is abusive to other trip participants, leaders, or third parties, or who is determined to detract from the enjoyment of the trip by others. Specific room assignments are within the sole discretion of the hotel. APPEARING IN PHOTOS: Photos from Eos Study Tours trips may be posted on photo-sharing web sites or on social networking sites. Your likeness may appear in some photos or videos, posted either by other travelers or tour lecturers/guides, and the circulation of the materials could be worldwide. Trip photos may also be selected to appear in future Eos Study Tours promotions; no compensation is available for appearing in a trip photo used for promotional purposes. ACCEPTANCE OF CONTRACT: By forwarding of deposit, the participant certifies that he/she agrees with these terms and conditions, and accepts the terms contained in these Terms and Conditions, Release of Liability, Assumption of Risk and Dispute Resolution Agreement. The participant affirms that he/she has not received or relied upon any oral representation of Sponsors/Operator as a basis for executing this Release.